SILETZ NEWS

Confederated Tribes of Siletz Indians Vol. 48, No. 3 **March 2020**



Siletz News Confederated Tribes of Siletz Indians P.O. Box 549 Siletz, OR 97380-0549

Delores Pigsley, Tribal Chairman Brenda Bremner, General Manager and Editor-in-Chief

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Tribe elects Tribal Council members; officers also selected to serve in 2020

Loraine Y. Butler, Robert Kentta and Selene Rilatos were elected to the Tribal Council of the Confederated Tribes of Siletz Indians in elections held Feb. 1.

Butler, from Siletz, Ore., was reelected with 391 votes; Kentta, from Logsden, Ore., was re-elected with 434 votes; and Rilatos, from Toledo, Ore., was elected with 268 votes. Ten candidates ran for the three open positions and the three who received the most votes were elected.

These individuals will serve with Reggie Butler Sr., Sharon Edenfield and Angela Ramirez, all of Siletz, whose terms expire in 2021; and with Lillie Butler and Alfred (Bud) Lane III, both of Siletz, and Delores Pigsley of Keizer, Ore., whose terms expire in 2022. Term of office is three years for each position on the nine-member council.

Eight hundred twenty-two (822) ballots were returned and accepted. Enrolled members of the Siletz Tribe who are age 18 and older are eligible to vote in Tribal elections. The Tribe has more than 5,400 enrolled members.

The swearing-in ceremony for the newly elected council members took place Feb. 2. Officers are elected on an annual basis and those selected for 2020 include:

- Delores Pigsley, chairman
- Alfred (Bud) Lane III, vice chairman
- Sharon Edenfield, secretary
- Robert Kentta, treasurer



Photo by Andy Taylor

The 2020 Siletz Tribal Council includes (1 to r) Reggie Butler Sr., Lillie Butler, Loraine Y. Butler, Robert Kentta, Angela Ramirez, Selene Rilatos, Sharon Edenfield, Alfred (Bud) Lane III and Delores Pigsley.

Pigsley currently has served 34.5 years as Tribal chairman out of 41 years on the council, while Lillie Butler has served 28; Reggie Butler, 23; Bud Lane, 22; Robert Kentta and Loraine Butler, 15 each; Sharon Edenfield, nearly 10 years; Gloria Ingle, 6 years; and Angela Ramirez, 2 years.

The Siletz Tribe has spent the last 42 years rebuilding its government and economic structure. The signing of Public Law 95-195 in 1977, which restored government-to-government relations between the Siletz Tribe and the federal government, started this process. The Siletz Tribe was the second in the nation – and the first in Oregon – to achieve restoration.

The Siletz Tribe was among the first to become a self-governance Tribe, giving Tribal government more control over services provided to Tribal members. Under self-governance, the U.S. government provides general funding to the Tribe (rather than to specific programs), then Tribal

Election, continued on page 9

Ribbon cutting celebrates Nesika Illahee, first Tribal preference affordable housing development in Portland

PORTLAND, Ore. - Portland's Native American Youth and Family Center the Confederated Tribes of Siletz Indians, the Native American Rehabilitation Association, and Community Development Partners held a ribbon-cutting ceremony Jan. 29 to celebrate the opening of the Nesika Illahee affordable housing development.

Nesika Illahee, which translates to "our place" in the Chinuk Wawa language, is a 59-unit affordable housing development in the Cully neighborhood in Northeast Portland.

A unique partnership with the Siletz Tribe used generous funding from its Indian Housing Block Grant and allows Nesika Illahee to reserve 20 units for American Indians – a community particularly hard hit in Portland's housing crisis.

"We cannot solve our community's housing crisis overnight," said NAYA Executive Director Paul Lumley prior to the event. "Nesika Illahee demonstrates NAYA's willingness to be a leader in developing innovative housing models and developing powerful partnerships that allow us to do more – together – to help the community."

Speakers, including Siletz Tribal Chairman Delores Pigsley; Multnomah



Photo by Andy Taylor

A two-story mural adorns the entrance of the Nesika Illahee housing development in the Cully neighborhood in Northeast Portland.

Volunteers to help with steelhead hatchery program

By Denise Garrett, Natural Resources Administrative Assistant

Volunteers from the Siletz community gathered at Lhuuke Illahee Fish Hatchery on Jan. 25 to learn about the Tribe's pilot program to rear winter steelhead for release into Little Rock Creek.

The Oregon Department of Fish and Wildlife will provide about 7,500 fertilized eggs or smolts (baby fish) and STEP volunteers will work with staff from the Tribe's Natural Resources Department to repair and upgrade the fish-rearing facilities, feed and monitor the smolts and finclip each fish before release.

Eventually the returning run of steelhead will be trapped at the hatchery and distributed to Tribal households.

The January event attracted 22 volunteers and staff from diverse backgrounds, but everyone had a shared interest in recreational fishing, traditional food resources, water quality, the health of the Siletz River and the success of the hatchery program.

Stan van de Wetering, Tribal Biological Programs director, talked about what

Hatchery, continued on page 9

Housing, continued on page 8

Editor's note: The Chairman's Report will resume in a future issue of Siletz News.

Your invitation is in the mail! ... Maybe?

United States

It's important to get everyone to respond to the Census survey. It's a matter of money, representation and pride.

Each person not counted means a loss of more than \$3,000 to programs like SNAP, clinics, Head Start, transportation and law enforcement. Oregon can gain an additional U.S. representative with a complete count. Indians have been undercounted in the Census for 230 years.

In addition to the usual problems of getting a good response rate to the every-10-year Census, the post office delivery system is causing an issue.

Beginning March 12, the Census Bureau will send invitations and instructions in the mail to households with a physical address, but can't send them to households with only a post office box. Because members of the Confederated Tribes of Siletz Indians have 552 post office box addresses, about 1,500 people are affected.

The Census Bureau has a plan to hand-deliver invitations to those households. It is extremely short-staffed, however, and will not be available in this

area for a long time. To overcome this, the Tribe's Complete Count Committee will mail similar, but unofficial, instruc-

> tions to all holders of P.O. boxes. Watch and listen for television and radio advertisements about

the Census.
The Census Kickoff Party with gifts and
prizes will be coming to
your area offices on April 1.

If you have any questions about responding to the Census, call the dedicated phone number at 541-444-8285. You can also call any of your area offices. They will also have computers available for you to use to respond to the survey.

You've been undercounted and discounted. Respond to the Census invitation. Now is the time to stand up and make your voice heard – "I am Siletz and I count."

The Census Kick-off Party with gifts and prizes will be coming to your area offices on April 1.

Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to Siletz News.

Name: ______
Address: _____

Phone:

Change of address: Tribal members – contact the Enrollment Department at 541-444-8258; 800-922-1399, ext. 1258; or enrollment@ctsi.nsn.us. All others – call the newspaper office.

Send information to:

Siletz News P.O. Box 549

Siletz, OR 97380-0549

541-444-8291 or 800-922-1399, ext. 1291

Fax: 541-444-2307

Email: pias@ctsi.nsn.us

Deadline for the April issue is March 10.

Submission of articles and photos is encouraged.

Please see the Passages Policy on page 20 when submitting items for Passages.



Member of the Native American Journalists Association

2nd Annual Youth Prevention Summit & Round Dance



March 21, 2020

Siletz Rec Center

Saturday, March 21 7 p.m. Round Dance

Saturday, March 21 Youth Prevention Summit —Day Event

For more info on Youth Prevention Summit please contact Felisha Howell <u>felisha.howell@lincoln.k12.or.us</u> | 541-444-1100

Tenas Illahee Childcare Center Board of Directors Vacancies

Résumés are being accepted for the Tenas Illahee Childcare Center Board of Directors. Currently, there are two vacant board positions.

If interested, please submit your résumé to Siletz Tribal Council, c/o Executive Secretary, P.O. Box 549, Siletz, OR 97380-0549.

Vacancies are open until filled.

Elders Council Meeting

March 14 • 1-4 p.m. • Chinook Winds Casino Resort

For more information, contact the Elders Program at 800-922-1399, ext. 1261, or 541-444-8261.

Nuu-wee-ya' (our words)

Introduction to the Athabaskan language

Open to Tribal members of all ages

Siletz

Siletz Tribal Community Center March 2 – 6-8 p.m. April 6 – 6-8 p.m.

Eugene

Eugene Area Office March 3 – 6-8 p.m. April 7 – 6-8 p.m. Portland

Portland Area Office March 9 – 6-8 p.m. April 13 – 6-8 p.m.

Salem

Salem Area Office March 10 – 6-8 p.m. April 14 – 6-8 p.m.

Classes begin with basic instruction and progress over the year. They also are a refresher course for more-advanced students. Come and join other members of your community and Tribe in learning to speak one of our ancient languages.

We also have equipment in the Cultural Department available for use in grinding and drilling shell or pine nuts or other applications. If you need to use the equipment, call the number below to set up an appointment.

For more information, contact Bud Lane at the Siletz Cultural Department at 541-444-8320 or 800-922-1399, ext. 1320; or e-mail budl@ctsi.nsn.us.

Siletz Community Dental Clinic now offers dental implants - how to find out if they are right for you

Millions of people in the U.S. have lost at least one tooth. If you're one of them, you may be considering the surgical procedure of dental implants but are unsure whether implants are right for you.

Good dental implant candidates are in good health and have a fully developed jaw. Ideally, you should also have a sufficient quantity of quality bone in your jaw to anchor the implant.

To be a good candidate for dental implants, you have to commit to a high level of oral hygiene to look after your implanted teeth and surrounding gums. Regular brushing and flossing are imperative as are periodic checkups and professional cleanings.

To determine whether dental implants are right for you, the Siletz Community Dental Clinic can carry

out a thorough evaluation of your mouth and jaw. This will include a CT (computed tomography) scan.

A CT scan produces a two-dimensional image but we have special technology that turns it into 3D. This helps us identify any areas of bone loss and assess your sinuses and location of nerves – critical information ahead of a dental implant.

Medical conditions that could mean you're not an ideal dental implant candidate include:

- Significant immune deficiencies
- Uncontrolled gum disease (periodontitis)
- Cancer
- Uncontrolled diabetes
- Alcoholism
- Connective-tissue disorder

Hemophilia, which impedes blood clotting

You may still be a good dental implant candidate if you have a medical condition. It depends on the severity and extent of the ailment. We'll need to carefully evaluate your situation and may need to work with you and your physician to improve your overall health.

Other factors that may raise questions about your suitability for implants are:

- You have undergone high-dose radiation treatment to the neck or head.
- You are pregnant. The American Pregnancy Association says high stress levels in an expectant mother can affect the development of her baby. Any surgery is likely to heighten

- anxiousness during an already stressful time.
- If you are prone to excessive teeth clenching or grinding, this could put too much pressure on implants, causing long-term damage.
- If you take certain medications, including steroids or drugs that suppress the immune system.
- You're a smoker/vaper. This will hinder healing, reducing the likelihood of a satisfactory implant procedure.
- You are a young person whose jaw bone is still growing.

If you think you might be a good dental implant candidate, we can perform a detailed examination to determine whether implants are your best option. Call 541-444-1030 or 800-648-0449 to schedule your examination today.

2020 College Students Summer Internship Program Deadline

Students attending college can apply for the Tribe's 2020 College Students Summer Internship Program. To be eligible, you must be at least a half-time student attending a two-year or four-year college and in good academic standing.

Applications will be mailed to known students, but if you do not receive an application, please contact Assistant General Manager Tina Retasket or the education specialists at any Tribal area office to request an application.

This program assists Tribal students with locating internship placements to gain work experience in their field of study. Up to 10 slots are available for 2020.

Students can work up to 300 hours at Tribal minimum wage (currently \$12.75/hour) and can be placed within or outside of the Tribe.

Students selected for the program must complete an orientation, criminal history background check and drug screening (Note: The Tribe does not recognize Oregon laws allowing the use of medical or recreational marijuana).

Placements can begin in June, but must be completed by Sept. 30, 2020.

Students should send a completed application and an unofficial copy of transcripts to:

By Mail By Fax By Email

CTSI 541-444-2307 collegeinterns@ctsi.nsn.us

Attn: College Internship Program

P.O. Box 549

Siletz, OR 97380-0549

Deadline for applications to be received at the Siletz central administration building is **4:30 p.m. on March 13, 2020.**

Culture Craft Nights Dentalium Stringing Class

Siletz

Siletz Community Center March 2 • 5-7 p.m.

Eugene

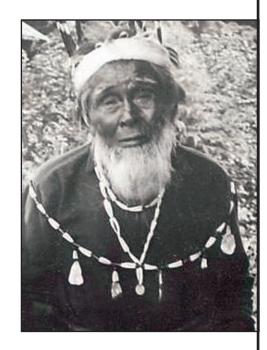
Eugene Area Office March 3 • 5-7 p.m.

Portland

Portland Area Office March 9 • 5-7 p.m.

Salem

Salem Area Office March 10 • 5-7 p.m.



Siletz Tribal members are invited to come and learn how to string dentalium. All ages are welcome. Young people under age 10 need an adult to accompany and assist them.

The Siletz Culture Department will provide material and instructors. If you have your own materials, please bring them.

Contact: Bud Lane, budl@ctsi.nsn.us; 541-444-8320 or 800-922-1399, ext. 1320

Sponsored by the Education and Culture Departments

Culture Craft Night Maple bark class Ch'ee-shi ch'ee-lan'tr'e'

Siletz

Tribal Community Center April 6 • 5-7 p.m.

Eugene

Eugene Area Office April 7 • 5-7 p.m.

Portland

Portland Area Office April 13 • 5-7 p.m.

Salem

Salem Area Office April 14 • 5-7 p.m.



Siletz Tribal members are invited to come and learn how to peel and process maple bark. All ages are welcome. Young people under age 10 need an adult to accompany and assist them.

The Siletz Culture Department will provide material and instructors. If you have your own materials, please bring them.

Contact: Bud Lane, budl@ctsi.nsn.us; 541-444-8320; or 800-922-1399, ext. 1320.

Sponsored by the Education and Culture Departments



541-921-8515

Offering a 25% discount to Siletz Tribal members

Tipi Drawing

Name:	
Address:	
Phone:	Roll#:

For Siletz Tribal members to use during the Nesika Illahee Pow-Wow on Aug 7-9, 2020. One entry per household. Must be a Siletz Tribal member to enter.

Deadline for entries is June 1, 2020. Name will be drawn soon after the deadline. Return the form to Siletz Pow-Wow, Attn: Tipi Drawing, P.O. Box 549, Siletz, OR 97380-0549.

Note: You do not win the tipi. The drawing is only for a stay in the tipi during powwow weekend.

2020-2021 Siletz Royalty Applications

Applications are being accepted for 2020-2021 Miss Siletz, Junior Miss Siletz and Little Miss Siletz. Applications must be turned in by 4:30 p.m. no later than June 1, 2020. Applications should be sent to: Siletz Pow-Wow Committee, P.O. Box 549, Siletz, OR 97380-0549.

Applications can be downloaded from the Tribal website located under the Pow-Wow tab.

If you have any questions, contact Buddy Lane at 800-922-1399, ext. 1230; 541-444-8230; or buddyl@ctsi.nsn.us.

Tribal employment information is available at ctsi.nsn.us.

Most Often Requested Numbers

Confederated Tribes of Siletz Indians – 800-922-1399

Salem Area Office – 503-390-9494 Portland Area Office – 503-238-1512

Eugene Area Office – 541-484-4234

Contract Health Services (CHS) – 800-628-5720

Siletz Clinic - 800-648-0449

Siletz Behavioral Health – 800-600-5599

Chinook Winds – 888-244-6665

Chemawa Health Clinic - 800-452-7823

Bureau of Indian Affairs – 800-323-8517

Website – www.ctsi.nsn.us

How zinc, copper imbalances affect behavior; potential ways to restore balance

By Nancy Ludwig, MS, RDN, LD, Head Start Consulting Nutritionist

As part of my role as a consultant nutritionist to Siletz Tribal Head Start, I offer information for families. Today's topic is about how zinc and copper imbalance in the body can change behavior and mood. Oftentimes, there is a physical root cause that needs to be addressed. Imbalances can result in serious brain chemistry problems and targeted nutrient supplements can be powerful therapy.

Dr. William Walsh has identified major biochemical differences between people with symptoms of mental illness and all others. He sees that the differences are abnormalities in the synthesis and regulation of neurotransmitters, which regulate our behavior and our moods.

Zinc deficiency interferes with neurotransmitter function. Zinc deficiency and copper overload are at the root of many behavior and mood disorders. When these nutrient levels are normalized, many troubling symptoms can be successfully addressed without medication.

Populations that are helped by nutrient therapy include behavior disorders, ADHD, autism, postpartum depression, bipolar disorder, schizophrenia and Alzheimer's Disorder. In my work, I see that there is usually a deeper root cause behind the symptoms of mental illness and I focus on symptoms rather than on specific diagnoses.

My personal concern is that sometimes health care practitioners fail to look deeper into root cause(s) when there are existing mental health diagnoses. This can create a barrier to care.

Symptoms of copper overload include hyperactivity, high anxiety; sleep problems, underachievement (not always), emotional meltdowns, intolerance to estrogen, postpartum depression, high incidence of ADHD and skin sensitivity to rough fabric.

Zinc deficiency symptoms include irritability and temper, violent behavior, anxiety, delayed growth, affinity for spicy foods, inability to tan, white spots on fingernails, delayed puberty, poor wound healing, frequent infections and premature graying of hair.

When both are present, there is double disaster! Copper overload and zinc deficiency can increase anxiety (by reducing GABA, the calming neurotransmitter, and increasing norepinephrine levels) and when zinc is low it is more difficult for the body to eliminate excess copper.

Elevated ratios of copper to zinc have been associated with violent behavior, anxiety attacks, autism, post-partum depression and schizophrenia.

Most ADHD kids are high in copper. Attention deficit is associated with low dopamine, a neurotransmitter. Interestingly the ADHD medicines, such as Ritalin and Adderal, increase dopamine activity.

High copper is also associated with increases in the neurotransmitters nor-epinephrine and adrenalin, which are associated with hyperactivity. If zinc and copper were in normal balance, perhaps the medications would not be needed.

Anger and violent behavior are associated with zinc deficiency and copper

overload (either or both). Dr. Walsh recommends behavior disordered children should have zinc and copper normalized before use of psychiatric medication.

Postpartum depression (or anxiety and thoughts of harm and/or suicide) can occur with very high copper levels in new mothers. After delivery, copper should drop, but sometimes this does not occur.

Dr. Walsh's research supports that postpartum depression is often linked with high copper. This suffering can continue for many decades if not treated.

Dr. Walsh has found that 80% of ADHD, depression and behavior patients report that medication is no longer needed after normalizing zinc and copper.

Nutrient therapy is quite powerful and can change the life of a child, a postpartum woman, adults, entire families and communities. Siletz Tribal Head Start offers nutritional support at no cost to Head Start families. This usually occurs over the telephone. If you have questions or nutrition concerns about your Head Start child, please contact your teacher or the director and ask to speak to the nutritionist.

Extra details and resources for curious minds

Check out the work of Dr. William Walsh, PhD, FACN, Walsh Research Institute (USA), walshinstitute.org.

Standards are set for plasma zinc, serum copper and the ratio. Zinc insufficiency is noted below 75 mcg/ml with presence of symptoms. Serum copper

overload is present above 120 mcg/dL with presence of overload symptoms.

The ratio can be more significant than individual levels of copper or zinc and is a problem when the ratio is above 1.2. A normal copper to zinc ratio is .8 to 1.0. Ideal plasma zinc is 90-120 mcg/dL. Ideal serum copper is 70-175 mcg/dL. Sometimes free copper (ceruloplasmin) is also checked to assess oxidative stress.

For therapy, it is best to work with an informed practitioner, especially when behavior problems are being treated. Generally Dr. Walsh trains other doctors to start with zinc normalization, without changing other medications or even diet (until after 2-3 months and then, of course, with the prescribing doctor).

Chelated zinc is recommended (i.e., picolinate or other). Don't use zinc sulfate, which can cause nausea and stomach pain.

Zinc also eliminates excess copper or other metals. Go slow and gradual because side effects can be unpleasant from excess copper loss or heavy metals such as mercury, cadmium, lead or others that can be released faster than the body can manage.

Augmenting nutrients can also be very important. These include B6, P-5-P (activated B6), selenium, biotin and vitamins C and E. This process of normalization generally requires 6-8 weeks, with a recheck after three months.

In addition to zinc and copper, common chemical imbalances in mental disorders include methylation disorders, folate deficiency, pyrrole disorder, Vitamin B-6 deficiency, toxic metal overload (such as lead, mercury, cadmium, etc.), and oxidative stress.



FREE Cooking Matters Teen Class!



Prepare tasty recipes and practice cooking skills in this FREE Teen Cooking Matters class. Eat and bring home food each class!

Brought to you by

Food Share

Details

Who: Students ages 12-17 years old

What: Free Cooking Matters Teen Cooking Class

Where: Siletz Valley School

When: Tuesdays, Wednesdays, & Thursdays, 5-7pm March 10, 11, 12 and March 17, 18, 19

To Register:

Contact Alise Stempien Siletz Valley School registrar Email: astempien@siletzvalleyschools.org

Instructor: Kathy Kentta, CTSI Healthy Traditions

Email: kathyk@ctsi.nsn.us

For more Information:

Contact Shelagh Baird, C.H.E.F Lincoln Co. Coordinator

Email: sbaird@samhealth.org

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number DOSRH33062 Coast to Cascades Community Wellness Network CHEP Project, total award amount of \$884,631, and 0% financed with nongovernmental funds. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

STEP Volunteer Day Lhuuke Illahee Fish Hatchery

Sunday, March 15th 10am-2pm

Programs Director,
will provide a
presentation at 12:30 with an overview of the
hatchery, and the Salmon Trout
Enhancement Program STEP.

We are transplanting seedlings, rooted cuttings, etc. for getting native plant starts ready for use in transplanting onto the landscape later this spring for use in salmon habitat restoration projects.

Please prepare for all types of weather, boots advisable, bring gloves, and a sack lunch.
Water and a light snack will be provided by Healthy Traditions.





Events

Every Tuesday

Siletz Swims Greater Toledo Pool 12:00 - 1:00pm

Every Wednesday

Youth Game Night Siletz Valley Library 4:00 - 6:00pm

Every Wednesday

Women's Trauma Support Group Behavioral Health Group Room 5:30 - 7:00pm

Every Thursday

LGBTQ Youth Group Siletz Clinic Yurt 3:30 - 5:00pm

March 26th

Wellness Luncheon **Tribal Community Center** 12:00 - 1:00pm

Native Quit Line now available in Oregon

The Confederated Tribe of Siletz Indians is proud to join other Tribal communities in Oregon to say NO to commercial tobacco. If you or someone you know needs help to quit smoking, vaping or chewing commercial tobacco, call 1-800-QUIT-NOW and press "7" for the Native Quit Line. This is a free service that draws on indigenous values to help you quit. Below are a few answers to questions you

Q: How much does the Native Quit Line service cost?

A: The service is free of charge.

Q: Are there any pay out-of-pocket costs? What if I don't have insurance, or my insurance does not cover this?

A: This is a free program for all Tribal community members living in Oregon. All program materials, including coaching calls and medications, are free.

Q: How often can I use the Native Quit Line?

A: you will have seven (7) schedule sessions with a Quit Coach, and unlimited calls to the Native Quit Line for additional support. You can re-enroll for free if you need help again in the future.

Q: How old do you have to be to use the Native Quit Line?

A: This program is for people 18 years or older. For youth under 18, the Oregon Quit Line provides support tailored specifically for young people ages 13—17 years old.

Q: What medications does the Native Quit Line use to help people quit commercial tobacco?

A: We use nicotine gum and the nicotine patch. These are safe and proven to help people guit commercial tobacco. When combined with Native Quit Line services and support, your chances of success increase even further. Medications are provided free of charge when you sign up for the Native Quit Line program. It takes 7—10 days for the medication to arrive. For all other FDA-approved tobacco cessation medications, please reach out to your health care providers.

> Commercial Tobacco Quitline 1-800-QUIT-NOW Al/AN Line now available 1-800-784-8669 (option 7)

Youth Digital Storytelling Workshop

March 24-26 Siletz Administration Building

Siletz Community Health is looking for youth who are interested in social justice issues and want learn the art of digital storytelling. You will learn how to create, narrate and share a video of your own story.

Age 14-18

Space is limited so sign up today!

Call Kira Woosley at the CARE Program: 541-444-9638

KNOW YOUR STATUS

6 out of 10 Oregonian's don't know their HIV Status

For a FREE 15 minute test contact: Siletz Harm Reduction

541-444-9672



It's National Colorectal Cancer Awareness Month

What is colon cancer? It is a disease in the large intestine (colon) and rectum. Most colon cancers start as small non-cancerous clumps of cells called polyps. Without treatment, polyps may turn cancerous. Colon cancer is the second leading cause of cancer death for American Indians and Alaska Natives.

So what can I do to prevent colon cancer?

 Quit smoking - contact our Tobacco Prevention and Education Coordinator at 541-444-9682 for more information.





- 2. Eat fruits and veggies consume 5 to 9 servings a day.
- 3. Get screened for American Indians, it is recommended for those ages 45-75.





- 4. Exercise it is recommended to get at least 30 minutes of exercise in a day.
- 5. Limit alcohol consumption.



Courtesy photo

Above: Sami Jo Difuntorum, executive director of the Siletz Tribal Housing Department (left) and Tribal Chairman Delores Pigsley at the ribbon-cutting ceremony.

Photos by Andy Taylor

Several different areas of the Nesika Illahee housing development, including a kitchen (top right), living room (right), a lobby area (below right) and outdoor bench with art by Northwest artists, including Lillian Pitt (below).









Housing, continued from page 1

County Commissioners Susheela Jayapal, Sharon Meieran and Jessica Vega Pederson; and Portland Mayor Ted Wheeler joined representatives the U.S. Housing and Urban Development, Oregon Housing and Community Services, Native American Youth and Family Center (NAYA), the Native American Rehabilitation Association (NARA), Home Forward, and Community Development Partners (CDP) for the ribbon-cutting ceremony of Nesika Illahee, NAYA's most recent affordable housing development in Portland.

Speakers throughout the one-hour program praised the historic partnerships contributing to the development's success.

Community Development Partners CEO Eric Paine stated, "It's been a wonderful voyage to partner with Siletz, the Native American Youth and Family Center and the Native American Rehabilitation Association. It's been a steep learning curve. We've taken multiple complex funding sources and made them exponentially more complex by putting them together. But that was really the only way we could serve the need of community and reach lower income levels."

Siletz Tribal Chairman Pigsley concurred, "We are so appreciative of all the work that has been done to complete this facility. It's something that the Tribe could not do by itself."

Other speakers noted that Nesika Illahee's partnership and funding model is one that could pave the way for more systems change in Portland and beyond.

"People came together in ways they haven't before," said Michael Bounocore, executive director of Home Forward. "The Native population is overrepresented among people experiencing homelessness. Systems that help people come out from homelessness aren't working for the Native community. If we keep doing things the way we've always done them,

we'll keep failing that community. It is the wisdom and leadership of the Native community that are showing us way to get it right."

Commissioner Jayapal stated, "The model that this creates is for the rest of the country. This development, and the new developments that are coming, are really a bulwark against the displacement that this neighborhood has experienced. This has been ground zero for displacement of communities of color. It is developments like this that will allow us to keep those communities here where they belong."

About NAYA

NAYA provides culturally specific programs and services that guide our people in the direction of personal success and balance through cultural empowerment. Our mission is to enhance the diverse strengths of our youth and fami-

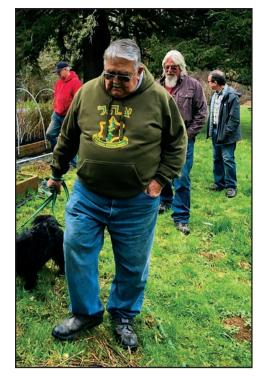
lies in partnership with the community through cultural identity and education.

About NARA

The mission of NARA is to provide education, physical and mental health services and substance abuse treatment that is culturally appropriate to American Indians, Alaska Natives and anyone in need.

About CDP

Founded in 2011, Community Development Partners develops and operates sustainable, life-enhancing affordable housing with a focus on long-term community engagement and innovative design. The company's mission is to repair and strengthen the fabric of cities and towns by meeting the housing needs of local citizens through the thoughtful planning and creative development of sustainable, affordable communities.



STEP volunteers Dennis Tufts, John Dickenson, Curtis Mann and Chuck Fisher visit the native plant nursery at the hatchery.



Courtesy photos

STEP volunteers at the Lhuuke Illahee Fish Hatchery on Jan. 25 include (I to r, front row) Cory West, Stephanie Chamberlin, Denise Garrett, Amy Garrett, Chuck Fisher, Jenny Fisher, Dawn Wilding, Shantel Hostler, Andrea Sumerau, Dennis Tufts, Curtis Mann and Max Tice-Lewis; and (back row) Bob Cusick, William Lane, Henry Kentta, Jeff Wilding, Bensell Breon, Craig Tyler, Mike Kosydar and John Dickenson.

Hatchery, continued from page 1

will be needed at the hatchery, previous efforts to rear Coho and lamprey eel, trout stocking for Culture Camp and the native plant nursery.

A variety of native plants are being rooted and grown on-site for salmon habitat restoration projects. The Tribal hatchery supports many other animals, including herons, king fishers, owls, red tail hawks, ospreys, deer, elk, beaver and otter; and aquatic species like trout, crayfish and eels.

The Oregon Legislature created the Oregon Department of Fish and Wildlife's Salmon and Trout Enhancement Program (STEP) in 1981 with the goals of:

- Restoring and improving natural habitat and native fish stocks
- Encouraging local volunteer participation
- Offering public education about fisheries and fishing

STEP volunteers can be any age and can

help with many types of jobs at the hatchery. Volunteer time can be flexible or on a regular weekly, weekend or monthly schedule.

If you are interested in volunteering at the fish hatchery, contact the Natural Resources Department at 541-444-8227; 800-922-1399, ext. 1227; or deniseg@ctsi.nsn.us.

Dance Contest

Men's Traditional Dance First Prize – \$200 Second Prize – \$100 Third Prize – \$75

18th Annual Social Pow-Wow

Presented by Willamette University's Native and Indigenous Student Union

Saturday, March 14, 2020
Grand Entry: 4 p.m. (4–10 p.m.)
Cone Fieldhouse, Sparks Athletic Center
Free Admission

Featuring

Native Arts and Crafts
Food Vendors
Dancers
Drum Groups
Raffle – Grand Prize Pendleton Blanket

Election, continued from page 1

employees and the Tribal Council decide how funds will be spent.

Significant Tribal accomplishments since Restoration include opening the original health clinic in 1991 and a new much larger clinic in 2010; building more than 150 homes and multiple dwellings for Tribal members, including 28 units at Neachesna Village in Lincoln City that have opened since 2009, 19 apartments in Siletz that opened in 2010 and 20 homes in the Tillamook subdivision in Siletz that have opened since 2013; completing the Siletz Dance House in 1996; opening the Tenas Illahee Childcare Center in 2003; opening the Tillicum Fitness Center and a new USDA food distribution warehouse in Siletz in 2008; and opening the Siletz Recreation Center in 2009.

Through its economic development division, the Siletz Tribal Business Corporation, the Tribe purchased the Lincoln Shores office complex in Lincoln City in 2001 and opened the Siletz Gas & Mini-Mart in Siletz in 2004, the Logan Road RV Park in Lincoln City in 2004 and the Hee Hee Illahee RV Resort in Salem in 2006.

Tribal offices in Portland, Salem and Eugene are housed in Tribally owned buildings. The Eugene office moved to its current location in 2005, the Salem office did the same in 2006 and the Portland office moved to its current location in 2008.

The Tribe also played a lead role in opening the Siletz Valley School in 2003 and the Siletz Valley Early College Academy in 2006.

The Siletz Tribal Arts & Heritage Society (STAHS) was formed in 2013 as a nonprofit to enhance the Tribe's ability to develop the Siletz Tribal Cultural Center. STAHS also helps the Tribe with acquiring object and archival collections.

Chinook Winds Casino in Lincoln City opened in 1995. In 2004, the Siletz Tribe purchased the former Shilo Inn adjacent to the casino and opened Chinook Winds Casino Resort. Chinook Winds Golf Resort opened in 2005 when the Tribe purchased the former Lakeside Golf and Fitness Center in Lincoln City.

The combination of Tribal employees and those at Chinook Winds Casino Resort has made the Siletz Tribe the largest employer in Lincoln County.

The Siletz Tribe has honored its tradition of sharing within the community by distributing more than \$17.9 million through the Siletz Tribal Charitable Contribution Fund and other Tribal resources. Chinook Winds has donated more than \$6.5 million in cash and fund-raising items since 1995. It also provides in-kind donations of convention space for various fund-raisers as well as technical support, advertising and manpower for events.



Photo by Andy Taylor

Loraine Y. Butler (left), Robert Kentta and Selene Rilatos sign the oath of office during the swearing-in ceremony on the day after the election.

Need Rental Housing?

The Siletz Tribal Housing Department encourages you to apply for the Low-Income Rental Program waiting list in Siletz (1-4 bedrooms) and Lincoln City (2-3 bedrooms – Neachesna Village).

Applications can be obtained at any Tribal area office (Eugene, Salem, Portland, Siletz) or online from the Tribal website – ctsi.nsn.us; follow links – Tribal Services-Housing-Low Rent Apartments & Home Ownership.

Questions? Call 800-922-1399, ext. 1322, or 541-444-8322; fax: 541-444-8313

STAHS hires Reichard as capital campaign director to obtain funds for museum

Since 2011, STAHS (Siletz Tribal Arts and Heritage Society) has existed as a small volunteer board with one goal in mind – to build a Cultural Center with a museum component, "A Place for the People," to be located on Government Hill in Siletz.

Starting from ground zero with no funds, the board has worked tirelessly to accomplish that goal. The building plans are complete and it's virtually shovel-ready.

Funds have been raised, partly from the generosity of the Siletz Tribal Charitable Contribution Fund. Much more is needed, however, for the project to go forward. It became apparent that someone with the correct contacts and more expertise was needed to assist us in raising the needed funds.

To that end, Stephen Reichard, who we believe will be able to help us achieve this goal, has been hired to fill the position of capital campaign director. He comes to us with a full résumé of accomplishments and 30 years of experience.

Reichard's qualifications include proven results in strategic planning and organizational development, research and writing, funds development and revenue enhancement, marketing and financial analysis. He also has worked in Indian Country.

His credits include work as Northwest area vice president for Option Care Inc., president and co-founder of RehabLogic Inc., executive director of the Inland Neuroscience & Spine Center, interim executive director of Cancer Care Northwest and chief operating officer with Planned Parenthood Columbia Willamette in Portland, Ore.

He served as deputy director of the Lambi Fund of Haiti, an NGO (non-governmental organization) indigenous to Haiti. Reichard most recently served as executive director of the ReBuilding Center, Portland's iconic salvage building materials organization.

A graduate of Columbia University in New York City, Reichard was a fellow in African and Latin American history at



Courtesy photo

From left to right: Board member Grace Elting Castle; Gloria Ingle, past chairman; Stephen Reichard; Teresa Simmons, acting chair; and Shantel Hostler (newest member of the board). Not pictured: Angela Ramirez, treasurer; Shawna Gray, secretary; and Celesta Lee, board member.

Northwestern University, where he earned his master's degree in 1984. He has completed much of the work for a master's in health policy and administration from Washington State University. He is the recent recipient of the 2017 Golden Compass Award from the Building Materials Reuse Association for his work promoting equity in the building materials reuse industry.

Ingle speaks about STAHS at Leadership Lincoln, extolls 'A Place for the People'

Leadership Lincoln, sponsored by Oregon Coast Community College and the Greater Newport Chamber of Commerce, has been an annual offering for many years. The goal of the program is to develop leadership and management skills for individuals who have interest and commitment in the future of Lincoln County and to provide networking opportunities that will enhance positive professional and organizational growth.

It's been of great benefit to people over the years, helping to propel them to successful careers and increasing the viability of many local businesses.

Classes are held once a month from September to June and rotate to different locations throughout Lincoln County. Interesting and informative guest speakers present a variety of timely topics chosen to



Courtesy photo

Presenters who joined Gloria Ingle (left) at a Leadership Lincoln class include Laura Kimberly, library director for the Newport Public Library, and Boone Marker, Parks and Recreation supervisor for the City of Lincoln City.

better inform participants about key issues in Lincoln County.

This year, an invitation was extended to the Siletz Tribal Arts and Heritage

Society. Tribal elder Gloria Ingle, then chairman of STAHS, agreed to participate on a panel on Feb. 12 at the Performing Arts Center in Newport.

Presenting along with Ingle were Boone Marker, Parks and Recreation supervisor for the City of Lincoln City, and Laura Kimberly, library director for the Newport Public Library

The format of the one-hour session was based on questions from the participants to the members of the guest panel. It was most rewarding to witness the keen interest of the class in the proposed Cultural Center with a museum component, "A Place for the People." Gloria did a terrific job of answering the many questions that were asked about the facility.

Community College employee Shirley (Olsen) Hill, who spent most of her child-hood in Siletz, is one of the coordinators of Leadership Lincoln and just happened to have one of the STAHS sweatshirts with her and proudly displayed it to the class.



Photo by Diane Rodriquez

The Siletz Valley girls basketball team donates their hand-made blankets to the Siletz Tribal ICW (Indian Child Welfare) Program before their basketball game on Feb. 6. Team members (1 to r) include Bella Christensen, Shay Robertson, Syanne Kaiser, Coach Trevor Trachsel, Emily Simmons, Zoey Davis, Johannah Wolf and Assistant Coach Susan Trachsel. The girls made the blankets during an evening of team building.

Tracey Viar, a clerk in the Tribe's Legal Department, accepted the donation. She in turn presented necklaces to the girls and coaches that were made by Raina Johnston, Programs clerk, and Breanna Jordan-Goodell, part of the Tribe's WEX (Work Experience) team.

The team operated with a new motto this year - Service, Attitude and Integrity. The team definitely lived up to this motto with this donation to youngsters in need in our community.

Siletz Community Health Clinic

Important Schedule Changes that Started in February

In an effort to improve care and access, the clinic is restructuring same-day visits. The goal is to:

- Increase access to your primary care provider for acute services such as: sore throat, flu symptoms, UTI, migraines, hives, rash, etc.
- Reduce your wait time at the clinic

Questions and Answers

1. Is the walk-in clinic available?

No, you will call and schedule a same-day appointment instead of showing up for the walk-in clinic.

2. Why is the clinic no longer offering the walk-in clinic?

- To reduce patient wait times
- To improve your comprehensive care

3. If I wake up sick and there is no walk-in clinic, will I be able to see a provider quickly?

Yes, each provider will have sameday access appointments available. You will call the clinic and be given an appointment time for that day or the next day.

4. Am I able to schedule a same-day appointment for routine care?

No, same-day access appointments are shorter appointments. For routine care, you will schedule a longer appointment time with your provider.

5. When did the walk-in clinic change to same-day access visits?

Feb. 3, 2020

Education propels McCord to Middle East adventure, potentially into PA school

By Diane Rodriquez

"Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great."
--Mark Twain

Aaron McCord likes these words and tries to live by them.

If you had told him when he was a teenager he would spend years working in the Middle East, he might have thought you were crazy. But that's been his life for the last 10 years and he's using this experience as a springboard to a potential future as a physician assistant.

McCord, 46, was born in Brookings, Ore. His father is Dave McCord and his grandmother is Jeanette Giddings. Aunties include Eva Clayton and Helen Higgins.

He dropped out of high school his junior year ("My teachers would always say I was the smart bad kid – always disruptive but loved to read. What's worse is I always did my homework. It just never made it back to school to get turned in"). He then went to Alaska to live with his father and grandmother. While there, he obtained his GED.

Life changed for him at age 34 when he was diagnosed with adult ADHD (attention deficit hyperactivity disorder) and started taking medication for it. "When I was in school I guess they just didn't know what to call it. Suddenly, though, things finally made sense to me. They just clicked for the first time in my life," said McCord.

He also attended Umpqua Community College and graduated with an associate of science in emergency medicine-paramedic. He then worked for the charity Mercy Flights in Medford, Ore., until the financial crisis of 2008 when he was laid off.

"After that I applied for every flight paramedic job I could find," said McCord. "Then at 2:30 in the morning of December 2009, I got a call that my visa had been processed and I would be leaving to fly on a helicopter for the International Red Cross in the Middle East."

By this time, McCord had a wife and three children. "I was scared to death to get on that plane," he said. "But if I didn't, it meant losing our home."

He took the job, even though it meant leaving his family behind.

He went to Riyadh, Saudi Arabia, to help put together the air ambulance service, with McCord as an operations officer and critical care flight paramedic. Later he was transferred to Jeddah, Saudi Arabia, to put together their air ambulance service. This included going to the outskirts of Mecca during the Hajj, an annual Islamic pilgrimage to Mecca that is mandatory for all Muslims to carry out at least once in their lifetime.

"Because I'm a Christian, I couldn't go into the city of Mecca at all. All non-Muslims were stopped at several check-points," said McCord. "So an ambulance would have to bring the patients out to our helicopter to be treated and then flown into Jeddah for further medical care."

While still with the International Red Cross, McCord also traveled to Yemen.

"The poorest person in the U.S. would be rich to them," he said of several of the places he visited. "Many of their homes were built of cement blocks with a tin roof, they might have a curtain for a door, carpets to sleep on and maybe a radio. The kids would run around everywhere with no shoes on."

Despite this, he said, "The Muslim people are some of the kindest people I've ever met. I'm proud to call many of them my friends."

Family finally arrives

Fast forward three years, when McCord's family joined him in 2013 after he moved to Qatar to help HAMAD Medical Corp set up ambulance services for the FIFA World Cup men's soccer tournament in 2022.

"I really loved working for the International Red Cross but I was unable to bring my family. The posting in Qatar allowed me to do that," said McCord, who has been married to his wife, Misty, for 23 years this May.

Working in Qatar has a lot of benefits. The company pays for private British school, the English Modern School, for his children. Morgan, 19, has already graduated. Ryleigh, 16, will graduate in June and Khyron 14 will soon start his freshman year of high school.

In this job, McCord is a critical care flight paramedic and a clinical coordinator for the ambulance service at HAMAD Hospital in Doha, Qatar's capital city.

"I can speak some Arabic now and can converse with patients enough to discover what's wrong," he said, adding that he works with an Arabic-speaking partner, a critical care assistant, to help out as necessary. "Everyone here is bilingual – some speak four or five languages fluently."

He says the entire country of Qatar is about the size of Connecticut, with about 2.5 million people. It's building five stadiums throughout the country for the World Cup.

"One of the stadiums looks like a giant tent, or a Majlis. Majlis originates from the Arabic word 'Jalasa', meaning 'to sit-sitting.' So it literally means a place of sitting. Traditionally, you would meet here before you go into a Qatari's home. They would offer you dates, water and Gahwa (very strong Arabic coffee)," he said.

Through his experiences in the Middle East and Qatar, McCord has become a fan of socialized medicine.

"It's phenomenal. In Qatar, all the medical is free for everyone, even to fly a patient in the helicopter costs you nothing. One of my medic friends here had a heart attack and had to have two cardiac stents placed. It cost him \$340 for four days in the hospital, he paid the extra for a private room," McCord said. "It's so nice to just treat patients, not worrying about if the care you are providing will bankrupt them."

Tribal programs play role

McCord has used Tribal programs to help him out, starting in the second grade. He says he had mild dyslexia and the late Lynda Timeus used to work with him every day after school, mostly on reading, in the Indian Education program.



Courtesy pho

Above: The McCord family visits Disneyland Paris, including (1 to r) Misty, Morgan, Ryleigh, niece Emalee, Aaron and Khyron.

Right: Aaron McCord

Below: Prince Faisal bin Abdullah bin Abdulaziz Al Saud, McCord's boss while in Saudi Arabia and a member of the royal family of the House of Saud

Bottom photo: One of the stadiums for the 2022 FIFA World Cup tournament







"I'll always remember her kindness and the gift of reading she gave me," he said.

McCord used Tribal funds to attend UCC. When he bought a home, he used Tribal funding to help. He anticipates help in the next two steps in his education – earning a bachelor's of science in emergency medicine at Central Washington University, to which he has been accepted.

After that he will try to get acceptance into the MedEx physician's assistant program, preferably in Tacoma, Wash. This is a two-year program, after which McCord will have a master's degree and will be able to sit for the PA exam. His goal is to be a physician's assistant who works in an emergency room.

McCord can take the CWU classes online, but must be in the classroom for PA school. He's committed to Qatar through the World Cup in 2022, then he and his family will possibly return to the United States.

What does he want other Tribal members to get from his story?

"The hardest part of any journey is starting. If you want to do something, never give up," said McCord. "When I came back from Alaska to Brookings, I got a job pushing shopping carts at Ray's Food place. The fire station was across the street. One day I watched the fire trucks going out on call and decided I wanted to do that. Firefighter/paramedic/flight paramedic and hopefully a physician's assistant. That's how this whole adventure started."

You could say that McCord has defied the belittlers of ambition and will continue to do so as he pursues a bachelor's degree.

"I'm scared to start a bachelor's at 46, but I know I can do it," he said. "If I fail, I'll know I've done my best."

Elk Tag Opportunity

The Tribal Natural Resources Department will once again offer a limited number of Landowner Preference (LOP) elk tags to Tribal members for the 2020-2021 hunting season.

As a landowner, the Tribe is eligible to participate in the State's LOP program. Based on the number of acres the Tribe owns, we can get six additional antlerless elk tags from the state. These LOP tags are not related to the Tribe's Consent Decree tags that we receive each year. They are based solely on the Tribe being a landowner.

There are a number of important differences between the LOP tags and the Tribe's regular tags. These are summarized in the table below.

	Tribal Tags	State LOP Tags		
State hunting license required?	No	Yes – Tribal member must purchase both a 2020 and a 202 state hunting license		
Area to be hunted	Anywhere within the specific tag's hunt boundaries	Only on Tribal land within the unit selected during that unit's antlerless elk season. Units available include West Stott, North Alsea, South Alsea and Siuslaw.		
Eligible for other state elk tags?	Yes	No*		
Give tag to another licensed Tribal member to hunt for you?	Yes	No		
Application and selection process	Apply to Tribe for Tribal drawing	Apply to Tribe for LOP drawing; if selected, apply to stat for controlled hunt tag (list LOP unit in LOP section on state-controlled hunt application)		
Obtain tag from	Tribe	State – Tribal member must purchase hunting license and elk tag prior to the start date of the hunt		

* Note: If you are drawn for an LOP tag, you are still eligible to apply for and be drawn for a Tribal tag.

Please note a major difference between the LOP tags and the Tribe's regular tags is ONLY the person drawn for the tag can hunt that tag. **The tag cannot be given to someone else to hunt for you.** Only Tribal members serious about hunting an LOP tag personally are eligible to apply.

The drawing for the six LOP elk tags will be held at the Natural Resources Committee meeting on April 6 at 4:45 p.m. in the Natural Resources Department Map Room. Applications are available on the Tribal website and at the Tribal Natural Resources office in Siletz.

Completed applications are due in the Natural Resources office by 4:30 p.m. on April 3, 2020.

For more information regarding these tags and the differences between the Tribe's regular tags and the LOP tags, contact Natural Resources Manager Mike Kennedy at 541-444-8232 or 800-922-1399, ext. 1232.

Tribal RV park discounts available

*Subject to availability

Tribal members receive a **15% discount** on spaces at **Logan Road RV Park** located in Lincoln City, Ore. Call 877-LOGANRV or visit loganroadrvpark. com for more information.*

Housing Committee (2)

Tribal members receive a **15**% **discount** on spaces at **Hee Hee Illahee RV Resort** located in Salem, Ore. Call 877-564-7295 or visit heeheeillahee. com for more information.*

USDA distribution dates for March

Siletz

Monday	March 2	9 a.m. – 3 p.m.
Tuesday	March 3	9 a.m. – 3 p.m.
Wednesday	March 4	9 a.m. – 3 p.m.
Thursday	March 5	9 a.m. – 3 p.m.
Friday	March 6	9 a m - 3 n m

Salem

Monday	Mar 16	1:30 – 6:30 p.m.
Tuesday	Mar 17	9 a.m. – 6:30 p.m.
Wednesday	Mar 18	9 a.m. – 6:30 p.m.
Thursday	Mar 19	By appt only

Cranberry Barbecue Sauce

1 small onion, diced 1 can cranberry sauce*

1 cup tomato sauce*
½ cup brown sugar

½ cup brown sugar ½ teaspoon liquid smoke

2 tablespoons rice vinegar

1 tablespoon garlic powder

1/4 teaspoon salt

½ teaspoon chipotle powder

Saute onion in a little butter until soft. Place the cranberry sauce, tomato sauce, brown sugar, liquid smoke, rice vinegar, garlic powder, salt and chipotle powder in a sauce pan over medium heat.

Once the mixture is warm, add the onion and let it simmer for about 30 minutes. Place the mixture into a blender carafe and blend until smooth.

Put it in a jar to sit at least a day.

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page. Like us at SILETZ TRIBAL FDPIR.

Joyce Retherford, FDP Director 541-444-8393

Sammy Hall, Warehouseman/Clerk 541-444-8279

2020 Standing Committee Vacancies

Housing and Cultural Heritage

Open Until Filled

Any Tribal member interested in consideration to serve on a Tribal Standing Committee is encouraged to fill out this form and return to the council office.

Please **mail or fax** your application to Confederated Tribes of Siletz Indians, Attn: Executive Secretary to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549; fax: 541-444-8325.

Name:		Roll No:
Address:		
City:	State:	ZIP:
Telephone: Day()	Evening()
If you only want to be conside inserting the number 1 next to the committee, please inchoice), 2 (second choice).	committee of in	terest. If you have interest in

If you have any questions, please call Tami Miner, executive secretary to Tribal

CTSI Jobs

Tribal employment information is available at ctsi.nsn.us.



Funded Orthodontic Treatment Screening



The 2020 Funded Orthodontic Treatment Program is fast approaching! All interested parties should contact the dental department to schedule a screening. The screening dates for this year are April 15 and May 20, 2020.

The program and amount of accepted applicants will be dependent on the funding for the year. An additional screening date may be added if the need is great.

Applicants are selected by case severity, motivation of the patient and guardian, reliable transportation, routine dental check-ups and the oral hygiene history, to name a few. We want the best results possible for the patient and thus place emphasis on these items. The unbiased selection process is performed under the guidance of an orthodontic specialist and chosen through a committee.

This program is open to <u>all ages who are **PRC-eligible only**</u>. To be eligible for the 2020 program year, you must complete a screening appointment during one of the screening days. Each year's selection process is independent from previous years and does not carry over. Selected and treated individuals can only be selected once for the duration of the program. All applicants will be notified by mail if they have been chosen.

Please contact the Siletz Dental Clinic, 541-444-9681, to schedule an appointment. Individuals who have been placed on the waiting list will receive a postcard notifying them to call and schedule an appointment.

Cultural Heritage Committee (2)

Council, at 800-922-1399, ext. 1203, or 541-444-8203.

Tribe gives more than \$200,000 to community through charitable grant program

The Siletz Tribal Charitable Contribution Fund distributed \$214,791.52 to 51 organizations today as it continued its quarterly donations to nonprofit groups.

The Siletz Tribe has made contributions through employment, monetary donations and cooperative measures to the Siletz community, Lincoln County and the state of Oregon. The seven-member charitable fund advisory board has distributed more than \$13.8 million since its inception in 2001.

Overall, the Tribe has honored its tradition of sharing within the community by distributing more than \$17.9 million through the charitable fund and other Tribal resources. Chinook Winds has donated more than \$6.5 million in cash and fund-raising items since it opened in 1995. The casino also provides in-kind donations of convention space for various fund-raisers as well as technical support, advertising and manpower for many events.

The next deadline to submit applications is March 2, 2020. Eligibility for money from the charitable fund is limited to two categories:

- Entities and activities located in the Siletz Tribe's 11-county service area (Lincoln, Tillamook, Linn, Lane, Benton, Polk, Yamhill, Marion, Multnomah, Washington and Clackamas counties)
- Native American entities and activities located anywhere in the U.S.

Applications and requirements can be obtained at ctsi.nsn.us/charitable-contribution-fund; by calling 800-922-1399, ext. 1227, or 541-444-8227; or by mailing Siletz Tribal Charitable Contribution Fund, P.O. Box 549, Siletz, OR 97380-0549. Applications can be submitted via e-mail at stccf@live.com.

Natural Resources Department Contractors List

The Tribal Natural Resources Department periodically solicits bids from contractors for a variety of work.

If your company would like to be included on our lists to receive requests for bids/proposals for any of the services listed below, please contact Natural Resources Manager Mike Kennedy at 541-444-8232 or 800-922-1399, ext. 1232, to be put on the appropriate list.

Tree Planting
Precommercial Thinning
Hazard Tree Removal/Tree Trimming
Mechanical Brush Cutting
Logging Road Construction/
Maintenance
Logging • Log Hauling
Timber Falling
Herbicide Spraying
Concrete Construction
Statistical Analysis
Macroinvertebrate Identification

Water Quality Monitoring/Analysis

Feb. 7 - Distribution of \$214,791.52

Arts - \$15,540

Oregon Coast Youth Symphony Festival Association – string quartet performance in free concerts during festival's Winter Concert Series; Newport, OR; \$750

Roots and Beats Project – computer and music media equipment for Native youth arts mentorships, partnering with Native American Rehabilitation Association and Native American Youth and Family Center; Portland, OR; \$5,000

Siletz Bay Music Festival – venue, piano rental, marketing and production costs of two-week summer classical and orchestral music festival; Lincoln City, OR; \$9,790

Cultural Activities - \$16,264

CEDARR (Community Efforts Demonstrating the Ability to Rebuild and Restore) – honorariums and lodging for singers/drummers for Round Dance; Siletz, OR; \$5,630

Eastern Oregon Correctional Institution – pow-wow food and supplies for adults in custody and attending guests; Pendleton, OR; \$500

Grupo Latino de Accion Directa – Noche Cultural/Cultural Night folkloric musicians and dancers highlighting Mexican and Latin American cultures; Eugene, OR; \$3,000

Philomath Youth Activities Club – food, supplies and busing for summer youth program to learn Siletz history and traditions, ending with youth attending Nesika Illahee Pow-Wow (Aug. 7-9); Philomath, OR; \$2,500

Siletz Tribal Royalty – travel costs for Royalty and adult chaperones to attend Gathering of Nations Pow-Wow in Albuquerque, N.M.; Siletz, OR; \$4,634

Education - \$30,214.49

Altrusa International of Yaquina Bay – child care and take-home kits while school holds educational event for non-English speaking parents; Newport, OR; \$2,500

Friends of the Scio Public Library – educational presenter and performer fees for community-wide summer reading program; Scio, OR; \$1,088.50

Kings Valley Charter School – overnight science and outdoor learning field trip for third- to fifth-graders to OMSI's Camp Gray in Newport; Philomath, OR; \$6,225

Oregon Coast Community College – Chromebooks, licenses and charging cart for classroom use at North County Center in Lincoln City; Newport, OR; \$2,725

Siletz Public Library – replace computers, upgrade software and purchase laptop/projector system; Siletz, OR; \$3,550.99

Siletz Community Dental Clinic

Contact the Siletz Community Dental Clinic if you experience dental pain or a dental emergency. Staff will do everything they can to see you as soon as possible.

Morning check-in time is Monday-Thursday from 8:15-8:45 a.m. and Friday from 9-9:30 a.m. Afternoon check-in time is Monday-Friday from 1:30-2 p.m.

Sweet Home Public Library – replace public access computers and software; Sweet Home, OR; \$4,125

Taft High 7-12 – LEGO Mindstorms robotic kits for middle school engineering and robotics studies; Lincoln City, OR; \$5,000

Tillamook School District – books for fifth- and sixth-grade classroom libraries to generate more interest in reading; Tillamook, OR; \$5,000

Environment and Natural Resource Preservation – \$7,000

Salmon River Fish Hatchery – replenish fishing rods, reels and gear for kids free fishing days; Otis, OR; \$1,000

Yamhill Soil and Water Conservation District – fire trailer, hoses and gear to help protect 1,641 conservation acres managed by district; McMinnville, OR; \$6,000

Health - \$42,857.25

Bright Horizons Therapeutic Riding Center – rider scholarships to support access to equine-assisted activities and therapy sessions; Siletz, OR; \$5,000

Canyon Gleaners – food for community food bank program; Mill City, OR; \$2,500

Corvallis-Albany Farmers Markets – fruit and vegetable tokens to encourage children age 5-12 to eat more fresh produce; Corvallis, OR; \$2,000

HIV Alliance – supplies for monthly care packages for people living with HIV in Lane, Lincoln, Linn, Benton and Marion counties; Eugene, OR; \$2,500

Lebanon Gleaners – food for community food bank program; Lebanon, OR; \$2,000

Lincoln County Joint Transportation Committee – free bus pass program to enable clients to get to medical-related appointments; Lincoln City, OR; \$5,000

North End Senior Solutions – food for senior meals, mileage for volunteer drivers, and replace microphones and audio speakers; Otis, OR; \$4,700

Philomath Community Gleaners – food for community food bank program; Corvallis, OR; \$2,000

Providence Benedictine Nursing Center Foundation – replace outdated hospital beds; Mount Angel, OR; \$8,263

Shangri-La – portable Hoyer lift systems for vans to help mobility-limited people participate in community activities and inclusion outings; Salem, OR; \$3,078

South Benton County Gleaners – food for community food bank program; Monroe, OR; \$2,500

South Lane Mental Health – CPR and first aid classes for adult foster home, mental health and intensive outpatient providers; Cottage Grove, OR; \$1,316.25

Waldport Lions Club – food for weekend backpack food program for South Lincoln County students; Waldport, OR; \$2,000

Historical Preservation - \$39,917

Chetco Historical Memorial Committee – visitor entrance sign and donor recognition for the memorial; Brookings, OR; \$9,917

Smithsonian National Museum of the American Indian – construction and dedication ceremony of National Native American Veterans Memorial; Washington, D.C.; \$25,000 Willamette Grange #52 – engineering evaluation and plan to repair roof structure of building built in 1923 that is on National Register of Historic Places; Philomath, OR; \$5,000

Housing - \$5,000

Yamhill Community Action Partnership – weatherization and safety home repairs; McMinnville, OR; \$5,000

Other - \$7,063

Marion-Polk Food Share – rotary tiller for tractor used at Youth Farm on Chemeketa Community College campus; Salem, OR; \$1,188

Seashore Family Literacy – replace tools and maintenance equipment for Green Bike Share Community Co-Op; Waldport, OR; \$2,400

Siletz Valley Friends of the Library – repair exterior entry doors and ADA access to library; Siletz, OR; \$3,475

Prevention - \$18,543.47

Chemawa Indian School – decorations, table linens, table and dance floor rentals for school prom; Salem, OR; \$2,500

Lincoln County Foster Parents Association – shelving, display units and utility cart for clothing and resource closet for youth in foster care; Newport, OR; \$1,110

Northwest Wahines Surf Collective – food, kid-size wetsuits, gear and pay for coaches for Siletz Wave Warrior Surfer Girls camps; Waldport, OR; \$3,950

Ophelia's Place – supplies and mileage for classroom health and safety presentations for after-school Girls Empowerment groups in Oakridge and Cottage Grove; Eugene, OR; \$5,000

Siletz, Eddyville, Toledo (SET) Baseball and Softball Association – catchers helmets/gear, field bases, baseballs, T-balls, softballs and temporary fencing for 20 SET teams; Toledo, OR; \$4,983.47

Sprague High School, Senior Graduation Party – support for drug- and alcohol-free graduation celebration; Salem, OR; \$500

Toledo High School, Grad Night Committee – support for drug- and alcohol-free graduation celebration; Toledo, OR: \$500

Public Safety - \$32,392.31

American Legion Post 10 – first aid station, blood pressure cuff and first aid supplies; Albany, OR; \$780.99

East Lincoln County Emergency Responders – training textbooks, materials and instructor fee for emergency medical responder license class; Toledo, OR; \$3,600.32

equip (hand tools to fire suppression equipment) and place in service a donated fire engine; Toledo, OR; \$14,191

Idanha-Detroit RFPD – replace vehicle crash extrication tools and equipment; Detroit, OR; \$9,000

Pacific Northwest Search and Rescue – signal booster, WeBoost drive and satellite hotspot to improve field communications with search and rescue teams; Milwaukie, OR; \$1,900

Philomath Police Department – traffic speed alert message sign; Philomath, OR; \$2,920

13

NEW SERVICES AVAILABLE Mental Health Services & Life Alert

Mental Health Services

> What services are available?

- Counseling Services individual or family
- Psychiatry Services
- Psychology Services
- Up to 8-visits annually (more if medically necessary)

Who's eligible?

 Siletz Tribal members eligible for Purchased/Referred Care (PRC), formerly Contract Health Services (CHS)

How do I get benefits?

use walk-in clinic

ments for six months.

 Call PRC at 800-628-5720 or 541-444-9648 to speak with Rhonda Attridge, PRC Tech I.

In the Siletz Clinic's Optometry

Patients will have access to our

Department, after one no-show patients

will not be able to schedule appoint-

walk-in clinic on the last Thursday of

the month from 8:15 – 11:15 a.m.

- Prior to making an appointment with a provider – confirm the provider will accept PRC as payment.
- Benefits are limited, first-come, firstserved.

What you need to know:

- After calling PRC for benefits, the patient will receive a letter with program details. The letter also provides information that the patient can give to their provider for payment processing information.
- You will not be required to use other resources first. This will allow you to go to a provider who does not accept Oregon Health Plan/Medicaid or your private insurance.

Life Alert

Please contact your local community

Thursdays

March 26

April 30

come, first-served basis.

Patients will be seen on a first-

health advocate (CHA) if you think you or another Tribal elder could benefit from Life Alert.

- Eligibility Criteria:
- Enrolled Tribal member eligible for PRC
- Work with CHA to determine need and apply for local services

Steps to get Life Alert:

- Contact your local CHA –
- The CHA will determine if you meet the criteria for Life Alert (examples: live alone, health condition, etc.)
- The CHA will assist you in applying for Life Alert at no cost through com-

munity options. If you do not qualify for Life Alert at no cost, the Siletz Community Health Clinic will cover the cost.

You can reach the community health advocates at:

- Siletz Amy Garrett or Hannah Glaser at 541-444-1030
- Salem Cecilia Tolentino at 503-390-9494
- Eugene Adrienne Crooks at 541-484-4234
- Portland Verdene McGuire at 503-238-1512

Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women's and Men's Transitional Living Center

Siletz: 800-600-5599 or

541-444-8286

Eugene: 541-484-4234

Salem: 503-390-9494

Portland: 503-238-1512

Narcotics Anonymous Toll-Free Help Line – 877-233-4287

For information on Alcoholics Anonymous: aa-oregon.org

CEDARR

Community Efforts Demonstrating the Ability to Rebuild and Restore

Mission Statement

We will utilize resources to prevent the use of alcohol and other drugs, delinquency and violence; we will seek to reduce the barriers to treatment and support those who choose abstinance.



March 4 • Noon

Siletz Community Health Clinic 200 Gwee-Shut Road, Siletz

Siletz Tribal Vocational Rehabilitation Program (STVRP)

Siletz Clinic: No-show optometry patients must

STVRP is here to assist members of <u>ANY</u> federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.

Examples of Services:

- Guidance and Counseling
 Peferral to Services
- Referral to ServicesEmployment Services
- Resume Writing
- Interviewing TechniquesJob Coaching
- Culturally Relevant Individualized Service
- Evaluations and Assessments
- Training Placement Opportunities
 Adoptive Equipment
- Adaptive Equipment

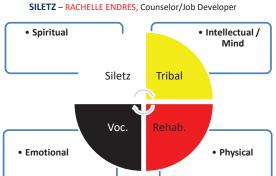


For more information about the STVRP, please inquire at 1-800-922-1399. <u>Services are provided in ALL area offices</u> however, to inquire about services, ask to be transferred to the office nearest you listed below.

2468 West 11th Eugene, OR 97402 SALEM AREA OFFICE 3160 Blossom Dr NE, Ste 105 Salem, OR 97305 SILETZ ADMIN. OFFICE 201 SE Swan Ave

201 SE Swan Ave Siletz, OR 97380

EUGENE – JERAMIE MARTIN, Program Director
SALEM - TONI LEIJA, Counselor/Job Developer



Dental Walk-In Clinic

1. Dental and Optometry

a. First No-Show

Patient will receive a letter providing notice about the no-show appointment and their requirement to utilize the department's Walk-In Clinic for appointments. Walk-in availability is first-come, first-served. Patient will be required to utilize the Walk-In Clinic for six months, after which patient will be able to return to scheduling appointments.

The Dental Clinic will see walk-in patients every other Tuesday from 8:30 a.m. to 12:30 p.m. and 1:30 – 4:30 p.m. with check-in by 3:30 p.m. Patients will be seen on a first-come, first-served basis.

Services offered at the walk-in clinic include denture/partial adjustments and chairside relines, fillings, first step root canal, extractions and exams.

Walk-in dates

March 3, March 17 and March 31 April 14 and April 28

Excluded visit types: Partials, dentures, crowns, implants and hygiene appointments will need to be addressed during a regularly scheduled appointment with your primary dentist.

Scholarships

- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Pacific Northwest Scholarship
 Guide (scholarship search engine)
- OregonStudentAid.gov.
- Intertribal Timber Council Truman
 D. Picard Scholarship
 Deadline: March 13, 2020
- Catching the Dream Scholarship Deadline: March 15, 2020
- Advancing Agricultural Science Opportunities for Native Americans Scholarship

Deadline: March 31, 2020

- AISES 3M Scholarship Deadline: March 31, 2020
- AISES A.T. Anderson Scholarship Deadline: March 31, 2020
- AISES Aristocrat/ VGT Scholarship Deadline: March 31, 2020
- AISES Chevron Scholarship Deadline: March 31, 2020
- AISES ExxonMobil Geosciences Summer Fieldwork Scholarship Deadline: March 31, 2020
- AISES Intel Growing the Legacy Scholarship Program Deadline: March 31, 2020
- Steven R. Nelson Native Educator Scholarship Deadline: March 31, 2020
- Aftercollege STEM Inclusion Scholarship Deadline: March 31, 2020
- NILI Summer Institute Scholarship Deadline: April 1, 2020
- NAJA-Facebook Journalism Project Scholarship Deadline: April 30, 2020
- Clare Boothe Luce Women's STEM Tribal Scholarship Deadline: May 31, 2020

Outside Scholarships for NATIVE AMERICAN STUDENTS

Cobell Scholarship

http://cobellscholar.org/ various scholarships available *essay required Open to descendants/enrolled members

American Indian Services

https://www.americanindianservices.org/ various scholarships available *essay may be required Open to descendants/enrolled members

American Indian College Fund

http://www.collegefund.org/ various scholarships available *essay required Open to descendants/enrolled members

Bureau of Indian Education

http://www.bie.edu/ParentsStudents/Grants/ various scholarships available *essay may be required Open to descendants/enrolled members

Native American Scholarship Fund

http://catchingthedream.org/ various scholarships available *essay may be required Open to descendants/enrolled members

Fellowships

- Northwest Climate Adaptation Science Center Research Fellowship Deadline: March 16, 2020
- Tribal Researchers' Cancer Control Fellowship Program Deadline: March 22, 2020
- Ira A. Lipman Fellowship Deadline: March 30, 2020
- Native American Journalism Fellowship Deadline: March 31, 2020
- NAJA Pathways Fellowship Deadline: March 31, 2020
- 2020 Bullitt Foundation Environmental Fellowship
 Deadline: April 1, 2020
- Washington Sea Grant Hershman Fellowship Deadline: Spring 2020
- NBC News Summer Fellows Program Deadline: Ongoing
- Master of Forest Resources Fellowships Deadline: Open until filled
- NW Native American Research Centers for Health Research Support Fellowship Deadline: Rolling
- Northwestern University's Center for Native American and Indigenous Research Undergraduate Fellowships Deadline: Rolling
- Fred Hutchinson Cancer Research Center Post-Doctoral Research Fellow Deadline: Multiple
- Claremont Native American Fellowship Deadlines: Multiple

Other Opportunities

- Jack Kent Cooke Foundation Youth Scholars Program Deadline: March 23, 2020
- The Aspen Institute Future Leaders Climate Summit March 26-29, 2020 • Chicago, Ill.
- 2020 Native Youth in Food and Agriculture Leadership Summit
 July 7-14, 2020 Fayetteville, Ark.
 Deadline: March 30, 2020
- Native Youth Community Adaptation & Leadership Congress
 June 26-July 3, 2020 • Shepardstown, WV.
 Deadline: March 31, 2020
- Oregon Environmental Justice Pathways Summit
 April 17-18, 2020 Eugene, Ore.
- U. of Oregon Future Stewards Program Deadline: July 1, 2020
- National Park Service Tribal Stewards Inclusion Program Deadline: Ongoing
- Center for Native American Youth at the Aspen Institute – Generation Indigenous Network Youth Ambassador
- National Youth Leadership Forum STEM Program Nomination Form Deadline: Various
- The Student Conservation Association
- Northwest Youth Corps

Internships

- Sequoyah National Research Center Summer Internship Deadline: March 16, 2020
- APL Technology Leadership Scholars (ATLAS) Program Summer Intern Deadline: March 31, 2020
- Oregon Applied Sustainability Experience (OASE) Summer Student Internship Program
 Deadline: March 2020
- Code Switch Internship Deadline: Various
- HP 3D Printing Engineering Intern Deadline: Open until filled
- Pearson Packaging Systems Engineering Internship Deadline: Open until filled
- Wisdom of the Elders Agricultural Incubator Internship Deadline: Various
- Saturday Academy Internships Deadline: Multiple
- EPA Environmental Research and Business Support Program Deadline: Multiple
- National Science Foundation Research Experiences for Undergraduates Deadline: Multiple
- Indian Land Tenure Foundation Deadline: Multiple
- Environmental Protection Agency Deadline: Multiple
- American Fisheries Society
 Deadlines: Multiple
- Oregon Museum of Science & Industry (OMSI)
 Deadline: Multiple

For more information about the Siletz Tribal language program, please visit siletzlanguage.org.

Important information for college-bound Tribal seniors

March

- Check for three Tribal scholarships at ctsi.nsn.us.
- Complete scholarships.
- Start working on Tribal higher education or adult vocational training grant application. This can be found on the Tribe's website and is due June 30.
- Review the Student Aid Report (SAR).
- You should start receiving admission responses.

April

- Send thank you notes to people who have helped you.
- Make final decision about which college or university you will attend.
- If you decide to decline enrollment to a college or university to which you have been accepted, send notice indicating this to the college's admissions office.

May

- This is the deadline for final decisions for universities.
- Send letter of intent to registrar.
- Line up a summer job.
- Attend your Senior Awards Night.
- Review any award letters and be sure you understand the terms and conditions that accompany each type of aid.
- If necessary, arrange for housing and a meal plan (at school).
- Send thank you notes to any person/ committee from which you received a scholarship.

June

- Tribal higher education and adult vocational training applications are due June 30!
- Attend graduation congratulations!
- Make arrangements for your final grades to be sent to colleges and universities.
- Good luck!

Childcare Assistance Program expands services

The CTSI Childcare Assistance Program has expanded the definition of an "Indian child" for the FY 2020 application.

We can now serve children who are under age 13 and live in the 11-county service area who are the descendent or dependent of an enrolled Siletz Tribal member. Parents must be working or enrolled in college or job training in order to be eligible for this program.

If you are interested in applying for the Childcare Assistance Program, call DeAnn Brown at 541-444-2450.

Higher ed website is one-stop shop for college grants

From Education Update, Oregon Dept. of Education

The Higher Education Coordinating Commission encourages students and families preparing for college to go to OregonStudentAid.gov to check out the more than 500 grant and scholarship opportunities.

It's a one-stop shop for information, including the Free Application for Federal Student Aid (FAFSA), Oregon Promise and the Oregon Opportunity Grant.

The HECC Office of Student Access and Completion (OSAC) awards more than \$80 million each year in state-funded grants and privately funded scholarships to help students meet their college expenses.

Tribal Council Timesheets for January 2020

Lillie	Butler	- 1/1/	/ 20-1 /3	1/20

TC	Ind	Gmg	STBC	ED	Tvl		
5.5	5.5					1/2-6	Packets
2	2	5				1/7-8	Education, packets
1	1				4	1/9	Eugene community mtg
		4.5	5		2	1/10	Special TC – gaming, STBC mtg/packet
8	8				6	1/13-16	Water wkshp, OR Tribes, packets
4.25	4.25					1/17	Regular TC
9.5	9.5				4	1/20-24	Salem school, packets
12.5	12.5				7	1/26-29	ATNI, OR Tribes, council,
							housing ribbon cutting
2.5	2.5	4				1/31	Packets

Loraine Y. Butler - 1/1/20-1/31/20

TC	Ind	Gmg	STBC	ED	Tvl		
			2			1/8	Packets
		4.5	3.5		2	1/10	Special TC – gaming, STBC
4.75	4.75				5.5	1/12-16	OR Tribes, packets
1.75	1.75					1/17	Regular TC
.5	.5					1/25	Packets
14.5	14.5				6.5	1/26-30	ATNI
1.25	1.25					1/31	Packets

Reggie Butler Sr. - 1/1/20-1/31/20

TC	Ind	Gmg	STBC	ED	Tvl		
6	6	4				1/2-7	Packets
2.25	2.25					1/8	CEDARR, packets
1	1				4	1/9	Eugene community mtg
		4.5	6		2	1/10	Special TC – gaming, STBC mtg/packets
3	3				6	1/13-14	Water wkshp, OR Tribes
4	4					1/15-16	Sign checks, packets
4.25	4.25					1/17	Regular TC
1.25	1.25					1/20	Packets
1.75	1.75				4	1/21	Salem education, packets
6.25	6.25					1/22-24	Housing, packets
12.5	12.5				7	1/26-29	ATNI, OR Tribes, council, housing ribbon cutting
3.5	3.5					1/30-31	Packets

Sharon Edenfield - 1/1/20-1/31/20

TC	Ind	Gmg	STBC	ED	Tvl		
1	1					1/9	STCCF
		4.5			2	1/10	Special TC – gaming
.5	.5					1/13	Water planning mtg w/ Newport
2.5	2.5				4	1/14	OR Tribes
4.5	4.5					1/17	Regular TC
2	2				5	1/21	SMI/STRCP, Salem-Keizer ed mtg
1	1					1/23	Salem community mtg
1	1					1/27	OR Tribes
1	1					1/29	Housing ribbon cutting

Gloria Ingle - 1/1/20-1/31/20

TC	Ind	Gmg	STBC	ED	Tvl		
1	.75				.75	1/6	Health Comm
1.75	2				.75	1/8	Interviews
2.25	2.25				1.5	1/10	Special TC – gaming
2	2				1.5	1/11	STAHS
.5	.5				3.75	1/13	Water planning mtg w/ Newport
5.25	5.25				3.25	1/14-16	OR Tribes, interviews, packets
4.5	4.5				.75	1/17	Regular TC
18.5	18.5				6	1/26-30	ATNI, OR Tribes, housing
							ribbon cutting, Special TC

Robert Kentta - 1/1/20-1/31/20

TC	Ind	Gmg	STBC	ED	Tvl		
.75	.75					1/6	Natural Resources Comm
		1.5				1/7	Packets
		3.5			2	1/10	Special TC – gaming
.5	.5					1/13	Water planning mtg w/ Newport
2.25	2.25				4.5	1/14	OR Tribes
1.5	1.5	4.5				1/16	Investment Comm, packets

Alfred Lane III - 1/1/20-1/31/20

TC	Ind	Gmg	STBC	ED	Tvl		
.5	.5					1/5	Evaluations
.5	.5		1			1/9	Packets
1.75	1.75		3		2	1/10	Special TC - gaming, STBC mtg
.5	.5					1/13	Water planning mtg w/ Newport
1.75	1.5				2	1/14	OR Tribes
.5	.5					1/16	Investment Comm, packets
4	4					1/17	Regular TC
1	1				3	1/27	OR Tribes
.25	.25					1/28	Special TC

Delores Pigsley - 1/1/20-1/31/20

TC	Ind	Gmg	STBC	ED	Tvl		
.5	.5				1.25	1/1	Mail, agenda items
3	3				4	1/2	Interviews, mail
2.75	2.75	.75	1			1/3-9	Mail, agenda items, prep for cncl
		4.5	4		2.5	1/10	Special TC – gaming, STBC mtg, mail
1.5	1.5	.25				1/11-12	Mail, prep for council
1	1				4.5	1/13	Water planning mtg w/ Newport, mail
3.75	3.75				3.5	1/14-16	OR Tribes, mail, agenda items
4	4				4	1/17-18	Regular TC, other mtg, mail
1.25	1.25					1/19-20	Mail, agenda items
3	3					1/21-22	Education mtg consultation, mail
2	2					1/23	Salem community mtg, mail, agenda items
1.75	1.75					1/24-25	Mail, personnel, prep for mtgs
16.5	16.5				2	1/26-29	ATNI, OR Tribes, housing ribbon cutting, mail
1.75	1.75	.5			1.5	1/30-31	Mail, agenda items, prep for cncl

Angela Ramirez - 1/1/20-1/31/20

TC	Ind	Gmg	STBC	ED	Tvl		
					1.25	1/1	Casino event
1	1	1				1/2-8	Email, packets
1	1					1/9	Interviews
		4.5	3.5		2.5	1/10-11	Special TC – gaming, STBC mtg, casino event
1	1					1/12	Email, packets
.5	.5				3	1/13	Water planning mtg w/ Newport
3.75	3.75				2.5	1/14-16	OR Tribes, email, packets
4.5	4.5					1/17	Regular TC
.75	.75					1/18-21	Sign checks, email, packets
1	1				1	1/22	IAD mtg, Schrader town hall
1	1					1/25-26	Email, packets
.5	.5					1/28	Special TC, sign checks
.5	.5					1/31	Email, packets

For more information about the Siletz Tribal Arts & Heritage Society, visit huu-cha.org.







Night Owls, win a share of 3500 \$and Dollars!

Thursday, March 26, 2020

Free entry! Rounds played 8pm-11pm and collect DOUBLE POINTS until midnight.

Top session finishers win 25 \$and Dollars. Top tournament finishers win up to 500 \$and Dollars! Tournament entry is open to 252. Register at a promo kiosk up to two hours before start time. Double points credited by 8am the next day.

Rules available at Winners Circle. Management may change offers at any time





COLLECT FREE ENTRIES WEEKLY STARTING FEBRUARY 28:

\$10,000 in cash and prizes!

MVP 25

2 FREE ENTRIES

PREMIER 25

3 FREE ENTRIES

ELITE ES

4 FREE ENTRIES

DOUBLE ENTRIES ON THURSDAYS!

Collect more entries with every 100 points you earn on slots, tables, keno and bingo. One free entry with every hour you play in a cash poker game.

To be eligible for drawings, you'll need to activate your entries up to one hour before the drawing by inserting your Winners Circle card in any slot machine, or by swiping in at one of our promotional kiosks, entering your pin, and selecting the drawing. Complete rules available at Winners Circle.

Management reserves the right to alter or withdraw promotion without notice at any time.



chinookwinds.com • 1-888-CHINOOK • Lincoln City



Chinook Winds Casino Resort

Entertainment

March 6-7: Blues Traveler 8 p.m., \$30-\$45

April 17-18: Chris Janson 8 p.m., \$50-\$80

May 29-30: Rodney Carrington 8 p.m., \$30-\$60

July 10-11: Happy Together Tour 8 p.m., \$30-\$60

July 31-Aug. 1: Travis Tritt 8 p.m., \$30-\$60

Rogue River Lounge

Fri & Sat: Ultrasonic DJ, cover 10:30 p.m. to 2 a.m.

Chinook's Seafood Grill

Weds: Bret Lucich (pianist) – 5 - 9 p.m.

March 6-7: Rock-n-Roll Cowboys (rock) March 13-14: Gods Guitar Review (rock) March 20-21: Fun with Jo (variety) March 27-28: The Teccas (country)

All 8 p.m. to Midnight

Special Events

Sun: 100% Payout Blackjack Tourney Sparkling Sunday Brunch at Siletz Bay Buffet (SBB)

Mon: Ducking Mondays

Tue: Boomers Club

\$2 Taco Tuesdays at Aces Sports

Bar & Grill

Wed: Hump Day Kiosk

Wine Wednesdays at Chinook's

Seafood Grill

Fri: Seafood Feast at SBB
Sat: Filet Saturdays at SBB

Mon-Fri: Happy Hour at Rogue River

Lounge (3-6 p.m.)

Third/Fourth Tuesday: Boomer Slots Fourth Thursday: Twilight Slots First/Second Friday: Fruit Frenzy Slots

March 15: Green Ball Golf Tournament

March 19-29: March Mania

Tickets go on sale 90 days in advance.

Concerts in the showroom are for ages 16 and older. Comedy on the Coast in the convention center is for ages 21 and older.

For more information or to obtain tickets for all concerts, call the Chinook Winds box office at 888-CHINOOK (888-244-6665) or 541-996-5825; or call 888-MAIN-ACT (624-6228).

All events, concerts and promotions are subject to change at the discretion of Chinook Winds Casino Resort.

Follow us on Twitter, find us on Facebook or visit our website at chinookwindscasino.com.

For more information about events in North Lincoln County, visit Icchamber. com, oregoncoast.org or lincolncity-culturalcenter.org.



If you want to be part of a great team and looking for a new career opportunity, Please call Human Resources at (541) 996-5800 or (541) 996-5806.

www.chinookwindscasino.com/careers

Office Hours: Monday through Friday 8am-4:30pm

Now Hiring!

Living near the Oregon coast can be a wonderful experience, especially if you have a job you love!

We're looking for a few fun, friendly people to join our team! It's a great opportunity to work where

"It's Better at the Beach!"

Applicants must be 16 or older to apply.

Positions available in:

Food & Beverage • Facilities • Hotel Environmental Services • Player Services

Visit **chinookwinds.com/career** to see our current jobs.

Applications may be submitted to:

Recruitment@cwcresort.com

or at our Human Resources Office Monday–Friday 8:00am-4:30pm 2120 NW 44th Suite B Lincoln City, OR 97367 If you have any questions please call (541) 996-5800



FREE

Plus Benefits!

PAID TIME OFFAll-purpose Leave

Sell Back Option

EMPLOYER PAID

401K

25K Life Insurance

Discount Rate for Fitness

Center Membership

Discounted Childcare

Employee Discounts

Employee Recognition

Programs

Paid Breaks Employee Shuttle

Golf

Uniforms

Employee Assistance Program

Employee Dining Room

Health Screening

Chinook Winds CASINO RESORT

Lincoln City • 1-888-CHINOOK • chinookwinds.com

Calling all Tribal member business owners

If you would like to be on the preferred Tribal members business list with Chinook Winds, please fax, mail, email or drop off your business card, brochures, or business information to:

Chinook Winds Casino Resort Attn: Purchasing Dept. 1777 NW 44th St. Lincoln City, OR 97367 Phone: 541-996-5853 Fax: 541-996-3847

erica@cwcresort.com

Chinook Winds Casino Resort in Lincoln City, Ore., offers 24-hour Las Vegasstyle gaming, an 18-hole golf course, headline entertainment from some of music's most legendary stars, three full-service restaurants, a secure child care facility and arcade, and a 243-room ocean-view hotel.

For more information, visit chinookwindscasino.com, or call 888-CHINOOK (244-6665) or 541-996-5825.

Tribal members can maintain monthly golfing privileges at Chinook Winds Golf Resort

Tribal members receive free greens fees and can walk nine or 18 holes at no charge. If a cart makes golf more enjoyable, it is only \$10 for nine holes or \$15 for 18 holes. New this year – We offer Tribal members monthly cart lease and golfing privileges starting at \$75/month.

- Tribal individual cart lease \$75/month
- Couples membership with cart lease \$125/month
 - Couple membership is eligible for any individual living in the same household as the Tribal member.
- Tribal family membership with cart lease \$150/month
 - Couple plus children in the same household under age 24 will have full golf and cart privileges (must be a licensed driver to drive the golf cart.)

Golf is an outstanding way to spend some time with your family and friends. Please take advantage of all of our employee benefits and spend some quality time outdoors on the beautiful Oregon Coast.

Cory Camilleri is our golf pro at Chinook Winds Golf Resort.



To the Confederated Tribes of Siletz Indians:

Our library staff and patrons have been wrestling with the two exterior doors of the west entrance and the community meeting room entrance. The Confederated Tribes of Siletz originally funded the ADA-accessible upgrades for our new Siletz Public Library building in 2006.

The automatic door openers and ADA access have been needing repair for quite some time. We are so grateful to the Siletz Tribal Charitable Contribution Fund for this most recent grant!

Now we can schedule the repair. We will all breathe a sigh of relief when we know the doors won't be able to swing open without restraint, possibly injuring patrons or staff or breaking the glass. And our patrons with physical challenges will be glad when the ADA access will be reliable once again.

Thank you for the continued support from the Tribe. Our fundraising activities help with maintenance but grants like yours allow us to repair expensive items and that means a great deal to us.

Thank you,

Siletz Valley Friends of the Library Board Sunshine Keck, Secretary of the Board

Siletz News Letters Policy

Siletz News, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in *Siletz News* and other Tribal issues.

All letters must include the author's signature, address, and phone number in order to be considered for publication. *Siletz News* reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of *Siletz News*, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The general manager of the Siletz Tribe is the editor-in-chief of Siletz News.

Editor-in-Chief: Brenda Bremner Editor: Diane Rodriquez Assistant: Andy Taylor

FUTURE EXPANSION









- New Hotel Lobby
- Connected Ocean
 View Hotel Rooms
- Food Court
- Gift Shop
- Working with KLAI JUBA WALD Architecture + Interiors





Progress on covered walkway between casino and parking structure

- Elevator tower and columns are complete
- Steel is being erected
- Fireproofing of beams and columns started in late February
- Framing exterior/interior walls started in late February

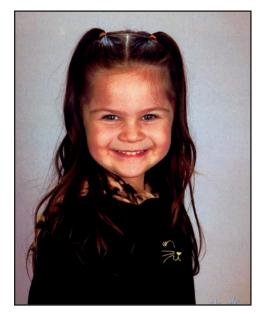




Happy 2nd birthday, AnDrae. You're the smartest 2-year-old I know.

Love, Mom, Dad, Aaidyn and Aviana

Happy 4th Birthday, Naiya Lucia. We love you and your sassy little self. Love, Aunty Jamie and cousins



Happy 4th Birthday, Crystin! Keep sharing that smile. Love, Mom, Dad and Cori

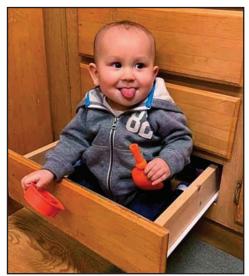
For more information about the Siletz Tribe, please visit ctsi.nsn.us.



I would like to wish a very Happy Birthday to my awesome twins, Elijah and Noah, on March 4. Hope you guys have a great day. Love you so much!

Love, Momma, Zay and sister

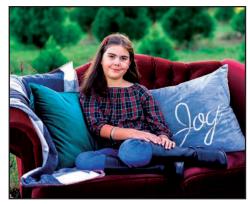
Poppa and I want to wish our favorite twinies a very Happy 6th Birthday on March 4! We love you two so very much!



Happy 1st Birthday to our Finn Dean! Mommy and Daddy love you with all of our hearts.

Happy 1st Birthday to our Finnler (grandson, great-grandson, nephew and great-nephew). We love you, Finn-bug. You brighten every day with your smile and giggles.

Love, Grandma Tracey, Poppio Chad, Great-Grandma Darlene, Great-Papa Donnie, Uncle Hayden and Great-Auntie Boo-boo



Happy 9th Birthday, Em! You are a blessing! Your love for life is infectious. Your kindness, inspirational. And I'm so proud to be your mom. I love you. Happy Birthday!



Happy 8th Birthday, Macey! We all love you lots.

Auntie Selina, Cameron, Mateas and Deenie



Happy Birthday to my bestie, Laura Bremner. I can't even imagine life without you in it. Here's to another 20 years of friendship and fun. Love ya lots!

Selina

Happy Birthday to Auntie Elaine. We all love and appreciate you tons. Hope you have an amazing birthday.

Love, Selina and kids



Happy 5th Birthday, handsome! We love you so much!



Happy 8th Birthday, love. We love you so much!

Free child ID kits from the **Oregon State Police**

503-934-0188 or 800-282-7155

child.idkits@state.or.us

OPEN HEARTS & OPEN HOMES

We are looking to certify Tribal homes as foster home resource placements. Please consider opening up your home for our Tribal children who are in need of foster care.

Families, couples & single adults can become certified foster home resources. OUR CHILDREN NEED.

Permanent Care **Temporary Care**

Short-term Care **Emergency Care**

Please take the time to consider opening up your loving and safe home & sharing your lives with our precious Tribal children.

Please contact our ICW Department for a foster home application today.

ICW: 541-444-8338



Passages Policy

Submissions to Passages are limited to two 25-word items per person, plus one photo if desired.

All birthday, anniversary and holiday wishes will appear in the Passages section. Siletz News reserves the right to edit any submission for clarity and length. Not all submissions are guaranteed publication upon submission. Please type or write legibly and submit via e-mail when possible.